

# 1st & 2nd Grade Clinic Game Rules

*Ball size: 25.5" - 27.0"*

*Basket Height: 8'*

## 1. Game Time:

- a. A 20-30 minute pre-game prep led by Clinic Trainers:
  - i. Warmups
  - ii. Review of game rules
  - iii. Walk through of game flow
- b. Followed by (4) 6-minute running clock splits (for substitutions)

2. **Everyone on the team plays equally.** Only those who are listed on the team roster may play in the games. There are no forfeits. If the other team does not have 5 players, teams will work it out to have an equal number of players on the court.
3. **We will start the game with a Jump ball.** All other jump balls are simply alternating possessions.
4. **Violations are not turnovers.** Traveling, carrying, double dribbling, fouls, and back court defense are not turnovers. When a violation is made, play is stopped to instruct the player on the proper procedure. This is an instructional league and the kids are there to learn the fundamentals of the game and have a positive experience as part of a team. After instruction, play resumes from where it was before the violation occurred.
  - a. Out of bounds will be a turnover. (once the game flow is learned)
  - b. If a player is fouled in the act of shooting, we will not shoot free throws. We will award the ball at half court.

## 5. No Fast Breaks

## 6. Defend with Man-to-Man defense

- a. The defensive player cannot take the ball out of the hands of an offensive player while an offensive player has control of the ball. They can defend only.
- b. No full court defense. Teams may defend only starting at half court.
- c. To avoid double teaming, players will wear colored wristbands and defend the player wearing an identical colored wristband on the other team.

7. **Parents and spectators will sit opposite of the players.** Please give water bottles to the players at the start of the hour. Players should stay with their teams for the entirety of the game on the team side of the gym. Spectators should remain along the stage side for the entirety of the game hour. Allow the coaches and clinic trainers to coach the teams. No coaching from the stands please. No one other than Clinic Trainers/Volunteers & Coaches should enter the court during the game hour. All spectators are encouraged to positively cheer for the players during the game hour. Please refrain from any negative speech.

## 8. Clinic Trainers will act as Referees

## 9. No official score will be kept.