



Rockaway Girls Basketball Open Gym & Travel Tryout Dates September 2025

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
7	Sep 8 Open Gym 6-7:30pm 4 th & 5 th 7:30-9pm 6 th , 7 th & 8 th Copeland Stage Gym	Sep 9	Sep 10 Open Gym 6-7:30pm 4 th & 5 th 7:30-9pm 6 th , 7 th & 8 th Copeland Stage Gym	Sep 11	12	13
14	Sep 15 Open Gym 6-7:30pm 4 th & 5 th 7:30-9pm 6 th , 7 th & 8 th Copeland Stage Gym	Sep 16	Sep 17 Open Gym 6-7:30pm 4 th & 5 th 7:30-9pm 6 th , 7 th & 8 th Copeland Stage Gym	Sep 18	19	20
21	Sep 22 Open Gym 6-7:30pm 4 th & 5 th 7:30-9pm 6 th , 7 th & 8 th Copeland Stage Gym	Sep 23	Sep 24	Sep 25 Open Gym 6-7:30pm 4 th & 5 th 7:30-9pm 6 th , 7 th & 8 th Copeland Stage Gym	26	27
28	Sep 29 Travel Tryouts 6 - 7pm 4 th grade 7 - 8pm 5 th grade 8 - 9pm 7 th grade Copeland Stage Gym	Sep 30 Travel Tryouts 6 - 7pm 4 th grade 7 - 8pm 6 th grade 8 - 9pm 8 th grade Copeland Stage Gym	Oct 1 Travel Tryouts 6 - 7pm 5 th grade 7 - 8pm 6 th grade 8 – 8:45pm 7 th grade 8:45 – 9:30pm 8 th grade Copeland Stage Gym	Oct 2	3	4

What is Open Gym?

OPEN GYM is NOT a TRAVEL TRYOUT. This is a session designed to show the girls what a travel practice looks like and see if there is interest in trying out for TRAVEL.

Coaches will be leading skills and drills. They can answer any questions you may have about the expectations and requirements of travel play.

- OPEN GYM is open to all players whether they are trying out for Travel or not
- OPEN GYM is an opportunity for players who are interested in Travel to come out and see what it is all about
- OPEN GYM is a time for returning players to come out to get ready for travel tryouts

All Players must be registered in order to attend Open Gyms or Travel Tryouts. You do not have to register for Travel in order to attend. You just have to register for either Recreation or Travel to attend.

For Travel Tryouts, you must attend at least 1 session to be considered. But it is highly recommended that you attend both sessions for your grade if possible.

Go to our Website to Register today! www.RTGB.org

All Dates are subject to change if a school event is later added.

Notes