

All Star Pre-Game Contest Rules

Free-Throw Shooting Contest:

1. Each Participant will take 1 warm up shot
2. Each Participant will take 7 free throws in the Preliminary Round
3. The top 3 with the most made free throws will advance to the Final Round
4. In the Final Round, each finalist shoots 7 additional free throws
5. The Participant who makes the most in the Final Round is the winner
6. If necessary, the Finals Tie breaker will be 3 additional shots taken to determine a winner; this will be repeated if necessary, until a winner is decided
7. For 3rd, 4th, 5th & 6th graders: Free-Throw contestants must start behind the free throw line but can end past the line.

Mikan Drill Challenge Contest:

1. Each contestant begins the challenge below the right block. They must put up a layup from each side of the basket. If they miss a layup, they still move to the other side of the basket alternating sides for 1 minute. They do not need to dribble
2. The top 3 with the most made layups will advance to the Final Round
3. In the Final Round, each finalist shoots for 1 minute
4. The Participant who makes the most in the Final Round is the winner

Skills Challenge Contest:

1. Each Participant will be timed while completing the Skills challenge in the Preliminary Round
2. The top 3 with the 3 lowest times will advance to the Final Round
3. The best time in the Final round is the winner

3-Point Shooting Contest:

1. Each Participant will take 1 warm up 3-point shot
2. Each Participant will take (7) 3-point shots in the Preliminary Round
3. The top 3 with the most made 3-pointers in each group will advance to the Final Round
4. In the Final Round, each finalist shoots 7 additional 3-point shots
5. The Participant who makes the most in the Final Round is the winner
6. If necessary, the Finals Tie breaker will be 3 additional shots taken to determine a winner; this will be repeated if necessary, until a winner is decided