

Rookie Division Games & Tournament

Seeding Games Format

Each team will participate in 3 on court activities and 3 off court activities from 9am-11am. The on court activities will be scored and will add to the seeding score. The 3 off court activities are just for fun!

All 5 Teams will then play in the Playoff Rounds from 11am - 2pm

Station	Layups Competition	Free Throw Competition	Relays	Tattoo Station	Mini Bball Game	Big Games
Station Details	Each team takes 3 rounds of layups. Average number of layups made will be used.	Each team takes 2 rounds of free throws. Average number of free throws made will be used.	Team Relay using full gym. There will be 2 rounds (3 teams followed by the other 2 teams) To even out teams, some teams may have to have a player go more than once. Time to finish the relay will be used.			
Station Scoring	5 points for team with highest average of Layups made... down to 1 point for lowest average.	5 points for team with highest average of Free Throws made... down to 1 point for lowest average.	5 points for team with lowest Relay completion time ... down to 1 point highest completion time.	No points	No points	No points